

# Safety today means "Action" tomorrow

DECEMBER, 2009 NEWSLETTER

## EMPLOYEE NEWS



Jackson Cook (in the window) son of James Cook is training to be a future employee!



Wow! Hayden Hughes killed this 200 pound, 10 point with a spread of 20 inches, using a "Snake Shooter" Recurve bow near the Crater of Diamonds State Park.

J.B. Lomon would like to thank everyone who conveyed their condolences and sent flowers in honor of his father who passed away on November 5, 2009.

## OPEN ENROLLMENT

FOR MEDICAL, DENTAL, VISION, LIFE INSURANCE AND 401K PARTICIPATION WILL BE DURING THE MONTH OF **DECEMBER!** TO MAKE CHANGES, ENROLL OR CONFIRM ELIGIBILITY CALL JAN SHAMP AT 479-452-5723



## December Birthdays and Celebrations

### OUR OWN CELEBRITIES

Andy Baker	Josh Nichols
Cary Deboard	Patrick Smith
Jason Nauman	Chuck Weir

### OTHER CELEBRITIES

Walt Disney	Brad Pitt
Ozzy Osbourne	Steven Spielberg
Dick Butkus	Samuel L. Jackson
Christina Aguilera	Jimmy Buffett

### ANNIVERSARIES

Dec. 7, 1941 Japan Bombs Pearl Harbor

Dec. 16, 1773 The Boston Tea Party



Dec. 11, 2009 Hanukkah Begins

Dec. 21, 2009 Winter Begins

Dec. 25, 2009 Christmas



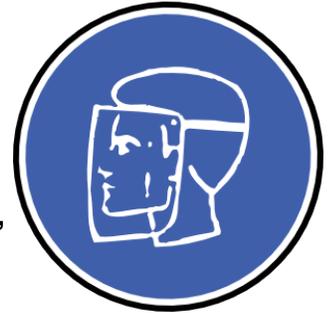
# SAFETY IN ACTION



ACCIDENTS HURT -  
SAFETY DOESN'T

## Portable Grinders

Portable abrasive wheels have most of the hazards of the wheels mounted on fixed stands. The fact that they're portable makes them more hazardous in some ways. They have to take lots of punishment because they get banged around and dropped. Unless the wheel has already stopped before it's dropped, it's apt to jump around some and that's not so good.



If portable wheels are properly mounted and used right, you won't get hurt, but if you misuse them, you may get hurt. The biggest danger is that the wheel may explode. It's probably running at 2,000 or 3,000 rpm's, and if you bang it into something or give it a good blow it's apt to let go. Don't forget that those chunks from an exploding wheel are plenty hard and have sharp corners.

They can crack your skull and tear your flesh.



Overspeed can explode a wheel, too, but you can hardly overspeed a motor-driven wheel unless you mount an oversized wheel on the grinder, for instance, put an 8-inch wheel on in place of a 4-inch one. You'd get twice the rim speed that way, and the wheel would probably let go. Of course, you'd have to take the guard off to put the 8-incher on, and that would be a fool thing to do. It's been done though.

You never should use a portable grinder on any ordinary grinding job without a guard. The guard should cover at least half the wheel. See that it's secure and set to give you the best possible protection if the wheel should let go. Always handle the grinder and yourself to keep the guard

between your face and the wheel. That can mean the difference between getting a chunk of wheel in the face and merely hearing it zip past you. The guard will turn a lot of the dust and sparks away from you, too. Without a guard you'd eat plenty of it.

Suppose we run through the safe way to do a job with a portable grinder. First, check the tool over carefully. Is the cord in good condition? Is the guard on tight? Are the washers full size? Does the trigger work right? Does it cut off the power when you take your finger off? Does the wheel run smoothly and without vibration?

If the answer to each of these is "yes," you're ready to get on with the job. Or are you? How about your goggles? Safety shoes, too? You shouldn't drop that grinder, but you might, and a grinder dropped on your toes would make them plenty sore for a while.

Next, check the area around the job. If there's anything loose underfoot, pick it up. If there's anything you can't pick up that you might trip over — like a pipe — notice where it is and keep clear of it. Then decide where you want to run the extension cord. You don't want anyone to trip over it or interfere with it, and you don't want to get your feet tangled in it. The record shows that an extension cord which isn't safely out of the way is practically a sure-fire device for causing injury. If the cord isn't long enough to run where it's safe, get another and hook it up. Don't take chances with that kind of trouble.

# Your Cell Phone's Hidden Powers

I got these tips from another newsletter. I don't know if they work or not, but they might be worth trying.

## Did you know your phone could do all this?

**Emergencies:** The emergency number worldwide for mobile is 112. If you find yourself out of your coverage area, dial 112 and the mobile will search the existing network and dial the appropriate emergency number. This works even if your keypad is locked.

**Locked Cars:** Does your car have a remote keyless entry? If so, and if you lock your keys in your car and don't have your remote, call someone at home on their cell phone from your cell phone. Hold your cell phone about a foot from the car door and have them press unlock with the remote held close to their cell phone. Presto, your car door will unlock.

**Hidden Battery Power:** If your cell battery is very low and you don't have your charger handy, press the keys #3370# and your phone will show a 50% increase in battery.

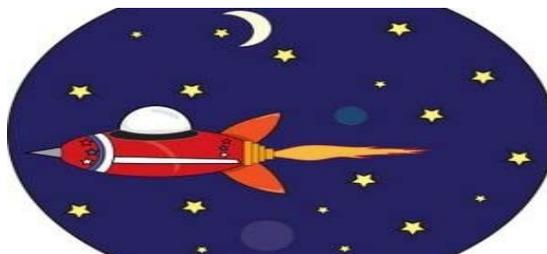
**Stolen Phones:** To check your phone's serial number, key #60#. A 15-digit number will appear. Write this down. If your phone is stolen, call your provider and leave them this number. This will block the phone even if the thief changes the SIM card.

**Free Directory Service:** Cell companies charge \$1 to \$2 to connect you to directory information. If you dial 800-FREE 411 you can get directory information at no charge. Program this into your phone now.

## INNOVATION

At the height of the space race during the 1960's, NASA took on the arduous job of finding a way to write in space. Normal pens wouldn't work due to the zero gravity the astronauts would face in the space capsules. So scientists embarked on a way to solve the problem. They came up with the Astronaut Pen, after months of research and development, and at a cost of about \$1 million.

The Soviet Union also faced the task of writing in space. To solve this weighty problem, they used a pencil.



## Do You Know What Your Project Manager Does?

A project manager is responsible for the overall planning, coordination and control of a job from beginning to end. Their focus is to meet the customer's requirements, finish the job on-time and all within budget. They are responsible for soothing ruffled feathers whenever there is a problem or complaint. They determine how much man power is needed to complete the job in a safe and timely manner. They obtain all necessary permits and licenses connected to the job. They inspect and review projects to monitor compliance with building and safety codes and other regulations. They interpret and explain plans and contract terms to the foreman. They schedule the project in logical steps and budget time required to meet deadlines.

This is only a portion of the things the project manager does.



Action, Inc.  
1308 Church Street  
Barling, AR 72923  
Phone: 479-452-5723  
Fax: 479-452-5931

Action, Inc.  
#18 Collins Industrial Park  
Maumelle, AR 72113  
Phone: 501-753-3401  
Fax: 501-753-3585

Action, Inc.  
710 Industrial Road  
Bristow, OK 74010  
Phone: 918-367-5500  
Fax: 918-367-5511

[www.action-mechanical.com](http://www.action-mechanical.com)



**TRIVIA INFO**



Snakes top the phobia list for people, at 25 percent, followed by a fear of being buried alive, at 22 percent.



## DECEMBER EVENTS

### Fort Smith Area

- Dec. 5—Rivervalley Nature Center Open House 1-3 p.m.
- Dec. 5-23 Creekmore Holiday Express; Creekmore Park 5:30-8:30 p.m.
- Dec. 10-12—Another Round of Silent Night; Ft. Smith Little Theater
- Dec. 12—National Cemetery Wreath-Laying Ceremony 8 a.m.-12 p.m.
- Dec. 12—Ft. Smith & Van Buren Christmas Parades; FS 3 p.m./ VB 6:30 p.m.
- Dec. 18-23 Christmas Carriage Rides; Downtown Ft. Smith 7-9 p.m.

### Little Rock Area

- Dec. 4-6—Ark. Craft Guild Christmas Showcase; State House Conv. Ctr.
- Dec. 5—Breakfast With Santa; Children's Hall 7 a.m.-12 p.m.
- Dec. 5—Big Jingle Jubilee Holiday Parade; Broadway, Downtown LR 6 p.m.
- Dec. 12 & 19—Christmas In The Wild; Little Rock Zoo 9-11 a.m. or 1-3 p.m.

### Bristow Area

- Dec. 1-31 Festival of Lights; Main Street and City Park Dusk-10 p.m.
- Dec. 1—Christmas Parade and Santa at The Depot; Begins at The Wal-Mart Parking Lot 7 p.m.
- Dec. 3—Annual Christmas Open House; Merchants Hold Open House
- Dec. 10—PAWS, Inc. Benefit Art Auction and Chili/Spaghetti Dinner; American Legion 6-8 p.m.

### Northwest Arkansas

- Dec. 1-31—Lights of The Ozarks; Downtown Square Fayetteville 5-11:59 p.m.
- Dec. 5—Bentonville Christmas Parade; Downtown 11 a.m.
- Dec. 7—Rogers Christmas Parade; Downtown Rogers 7 p.m.



*Merry  
Christmas!*